

WARNING SIGNS OF A PROBLEM FEEDER

- Ongoing poor weight gain or weight loss
- Ongoing choking, gagging, coughing or vomiting during meals
- History of nasal or gastric reflux
- History of a traumatic choking incident
- Inability to make age-appropriate food transitions
- Aversion or avoidance of all foods in specific texture or food group
- Eats fewer than 20 different foods
- An infant who cries and/or arches at most meals
- Family mealtimes feel like battles

St. David's Center offers a variety of Pediatric Therapies that help children gain new skills and overcome obstacles. A child should be referred for an evaluation if two or more of the above signs are present. To learn more or schedule an evaluation at St. David's Center, contact the Central Office of Resources and Enrollment (CORE) at St. David's Center at 952-548-8700 or coreinfo@stdavidscenter.org. Visit us online at www.stdavidscenter.org.