



## WHAT TO DO IF YOU HAVE CONCERNS ABOUT YOUR CHILD'S DEVELOPMENT

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1. Ask other adults who know your child well
2. Visit your pediatrician to discuss your concerns
3. Have an early childhood developmental screening (for example, in Minnesota, you can do this through Help Me Grow at 1-866-693-GROW)
4. Contact a specialist (e.g., psychologist, occupational therapist, speech-language pathologist, counselor, etc.) about the necessity of testing