

# Pledge

## PowerTalk 21<sup>®</sup>

### Youth Pledge

*Because it is illegal, I \_\_\_\_\_ promise not to drink alcohol or use other drugs. I commit myself to celebrating in a safe and healthy way. I pledge not to get in a car with someone who has been drinking alcohol. If I find myself in a situation where I feel unsafe or uncomfortable, I promise to call my parent or guardian for a ride home. I commit to this pledge and recognize there are consequences for every decision I make.*

\_\_\_\_\_  
Youth Signature

### Parent Pledge

*As your parent/guardian, I \_\_\_\_\_ promise to make myself available to you at all times. You can count on me anytime of the day or night. I will always set a good example for my children and I will not serve alcohol to anyone under the age of 21. I will not allow illegal drugs in my home or on my property. I will supervise and assure all parties held at my home are alcohol and drug free. I will make sure my children always ride with their seatbelts on and always with a sober driver.*

\_\_\_\_\_  
Parent Signature